

Topic:

Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing. Discuss both these views and give your own opinion.

If you want to become someone you have never been, you ought to opt for some shifts in your lifestyle that you have never tried. However evident this might appear, ~~yet~~ there has not been a universal consensus regarding the matter, as there is a great deal of uncertainty involved in any change in life.

On the one hand, life has a notion of change buried within itself, meaning that whether we like it or not, there are numerous cases wherein some unpredicted alterations get introduced to our daily life. That said, it would be best to get ourselves prepared so that these, sometimes unwanted, events do not catch us by surprise. It seems as though the career and personal traits are of those life elements that would require ~~a~~ constant modification so as to not become monotonous or even problematic. To cite the reason, when someone is struggling with the amount of their income, a shift towards another profession might be a/the right move to make. This is also applicable to our daily social interactions where you find yourself hopelessly entangled with your inner turmoil. A remedy to this would most likely be to consult a psychologist who will guide you through by suggesting some changes in attitudes~~s~~.

On the other side of the spectrum, are risk-averse individuals who would instead argue that change will always bring about doubts and failures along the way. Those who oppose ~~to~~ change hold a different perception of the world. They always prefer to pursue what they have been doing since the beginning, with a thought in mind that the consistency will most likely pay off at the end. Therefore, people of this group do not enjoy leaving their comfort zone and see real threats coming their way when learning new experiences.

Overall, it is sensible to side with the proponents of a dynamic lifestyle, as it offers opportunities that would not otherwise have arisen. Nonetheless, it is logical to avoid ill-advised changes, whenever possible.